



**Shabbat Announcements**  
**Shabbat Shira/Parshat Beshalach**  
**February 3-4th Shevat 11 5772**

ERUV is ↑



Mostly Sunny  
 High: 48°  
 Max. Humidity: 47%  
 Chance of Precipitation: 0.1%

**Kiddush** is not sponsored.

**Seudah Shelishit** is sponsored by Stan & Fay Fink, Charles & Ellen Winetsky, and Norma Allen in memory of their grandmother, Dora Levine.

**Shabbat Schedule**

<b>Candle lighting</b>	4:59pm
<b>Kabbalat Shabbat</b>	5:05pm
<b>Shacharit</b>	9:00am
<b>Sof Z'man Kriat Shema</b>	9:38am
<b>Mincha</b>	4:45pm
<b>Seudah Shelishit</b>	Following Mincha
<b>Maariv</b>	5:55pm
<b>Shabbat Ends</b>	6:03pm

**Torah Reading in Artscroll Chumash**

Parsha: Beshalach	Pg 366
Maftir:	Pg 392
Haftorah:	Pg 1152
Leining:	David Pincus

**Youth Group Schedule**

	9:00-9:45am	9:45-10:15am	10:15-end of shul
6 mos-crawling	---	Playroom	Playroom
Walkers-3yrs	Partition	Playroom	Playroom
4-5yrs	Partition	Chapel for Davening and parsha	Partition
6yrs+	Partition	Partition	Chapel for Davening and parsha

**Daily Davening Times**

*Shacharit*

<b>Sun.</b>	<b>8:00am</b>
Mon., & Thurs.	6:30am
Tues., Wed., & Fri.	6:45am
<b>Sunday Mincha/Maariv</b>	<b>5:00pm</b>
<i>Maariv</i>	
Mon.– Thurs.	8:00pm

**SHUL NEWS AND EVENTS**



**Lunch and Learn**

This Tuesday, February 7th, at 12:00pm, join Rabbi Hess for lunch and learn the sixth chapter of Pirkei Avot.



**Tu B'Shevat**

The holiday of Tu B'Shevat will be observed on Wednesday, February 8th.



**Parsha and Pizza**

This Wednesday night, February 8th, at 8:15pm, join Rabbi Hess for a class which will analyze, explore, and highlight ideas found in parshat Yitro. RSVP to the shul office by Wednesday morning.



**Mishloach Manot– Purim Baskets**

The letters for the Mishloach Manot campaign were mailed out this week. Be on the lookout for them, or pick up a copy on the table.



**“The Jewish Afterlife and Getting There Gently” at TBEMC**

On Sunday, February 26th, at 9:00am, Anshe Chesed, in conjunction with TBEMC and the Martin & Edith Stein Hospice, will present the first of 3 classes discussing end of life care for our loved ones. RSVP to TBEMC at 908-276-9231.



**JFS Supermarket Sweep**

The annual Supermarket Sweep Foodraiser to benefit the Jewish Family Service Kosher Food Pantry will take place on Sunday, March 18, from 2-4pm at the ShopRite in Clark. To participate, contact Kim Farrell at kfarrell@jfedcnj.org or at 908-288-2414.

**Mazel Tov**

- To Maurice & Pearl Rakin on the Bat Mitzvah of their granddaughter, Jillian. Mazel tov to her proud parents, Beth and Norman.
- To David & Michelle Pincus on the birth of a baby girl. Mazel tov to big brothers Naftali and Yehuda.

**Condolences**

To the Rappel family on the loss of Helen Rappel.

**Birthdays and Anniversaries This Week**

Minette Raiffe (2/4)  
 Sid & Dottie Isler (2/4)  
 Leonard Neuringer (2/10)

**Refuah Shleimah**

To Dottie Isler, Frieda Bien, Barbara Ruth Zeidman, and Claire Rinsky.  
*Please call the shul office if you know anyone who is ill or recovering from an illness.*

**Upcoming Kiddush & SS Sponsorship Opportunities**

February 11th: Seudah Shelishit  
 February 18th: Seudah Shelishit  
 February 25th: Seudah Shelishit

## Parsha Outline and Haftarah Note: by Cantor Vogel

### Parsha Outline

1. Moshe leads the Israelites towards the desert rather than up the coast towards the territory inhabited by the Philistines.
2. The Egyptians regret sending the Israelites, chase after them and catch them at the Reed Sea.
3. God tells Moshe that **He** will act to save the Israelites.
4. God splits the Sea; the Israelites cross through on dry land; the water crashes down on the Egyptians chasing after them and the Egyptians drown.
5. Shirat Hayam - The Song of the Sea.
6. Moshe leads the Israelites from the sea into the desert.
7. At Marah the nation needs drinking water, later on they demand both bread and meat; God responds with the manna as bread and a swarm of quail.
8. At Refidim Moshe hits the rock as commanded and provides drinking water. The Amalekites sneak attack the Israelites, a war ensues, the Israelites are victorious, God vows to annihilate the Amalekites.

### Haftarah Note

The Haftarah tells the story of the war waged by Devorah, the Judge and Barak, the general (and possibly her husband), against the Canaanites led by Sisera and his chariots. The Haftarah was chosen because of the many parallels in this story to the story of the crossing of the Reed Sea, the national significance of Devorah's victory, and the song of victory which parallels Moshe's at the Reed Sea.

## The Spiritual Effect of Tasting the Manna: by Rabbi Berel Wein courtesy of Torah.org

The miracle of the manna that fell from heaven and nurtured millions of people for forty years is one of the focal points of this week's parsha. The obvious reason for the miracle's occurrence is that the Jewish people had to have daily nourishment simply to survive. However the rabbis of the Talmud injected another factor into the miracle of the falling manna.

They stated that "the Torah could only have been granted to those that ate manna daily." Thus the necessity for the manna was directly associated with the granting of the Torah to the Jewish people on Mount Sinai. No manna, no Torah. Why is this so? Most commentators are of the opinion that only a people freed from the daily concerns of earning a living and feeding a family could devote themselves solely to Torah study and acceptance of the life values that acceptance of the Torah mandates.

The Torah is a demanding discipline. It requires time and effort, concentration and focus to appreciate and understand it. cursory glances and even inspiring sermons will not yield much to those who are unwilling to invest time and effort into its study and analysis. This was certainly true in this first generation of Jewish life, newly freed from Egyptian bondage and lacking heritage, tradition and life mores that would, in later generations, help Jews remain Jewish and appreciate the Torah.

The isolation of the Jewish people in the desert of Sinai coupled with the heavenly provision of daily manna and the miraculous well of Miriam together created a certain think-tank atmosphere. This atmosphere enabled Torah to take root in the hearts and minds of the Jewish people. In his final oration to the Jewish people, recorded for us in the book of Dvarim, Moshe reviews the story of the manna falling from heaven. But there Moshe places a different emphasis on the matter. He states there that the manna came to teach, "... that humans do not live by bread alone but rather on the utterances of God's mouth,"

In order to appreciate Torah, to truly fathom its depths and understand its values system, one has to accept its Divine origin. Denying that basic premise of Judaism compromises all deeper understanding and analysis of Torah. Thus the manna, the presence of God, so to speak, in the daily life of the Jew allowed the Torah to sink into the depths of the Jewish soul and become part of the matrix of our very DNA. The Torah could only find a permanent and respected home within those who tasted God's presence, so to speak, every day within their very beings and bodies. The rabbis also taught us that the manna produced no waste materials within the human body.

When dealing with holiness and holy endeavors there is nothing that goes to waste. No effort is ignored and no thought and attempt is left unrecorded in the heavenly court of judgment. Even good intent is counted meritoriously. Let us feel that we too have tasted the manna.

### Yahrzeits This Week

Mollie Brown 2/4	Meyer Gelber 2/8
Rabbi Steven Dworken 2/4	Frances Kawalek 2/8
Rubin Rashkin 2/4	Arthur "Butch" Whiteman 2/8
Anne Chaika Caplan 2/5	Milton Sevak 2/9
Salo Kukurutz 2/5	Eva Fishkin 2/10
Klara Samuels 2/6	Jeffrey Manduck 2/10
Boris Belousofsky 2/7	Robert Markmann 2/10
Rose Kaufman 2/7	Isak Reichman 2/10
Devorah Rachman 2/7	Theodore Strauss 2/10
Stella Savin 2/7	



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